



Palm Tree

BISTRO

Celebrating quality local ingredients
Some grown on site



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If we can't
grow it ourselves
we source as
much as we can
from Cornwall

Breakfast

Breakfast

FULL CORNISH BREAKFAST £12.50

**Choose how your eggs are prepared:
scrambled / fried / poached**

Bacon, sausage, hogs pudding,
hash brown, roasted tomato,
whole field mushroom, beans,
hen's egg, Baker Tom's sourdough

Add black pudding for £1.25

VEGETARIAN BREAKFAST £11

Sausages, roasted tomato,
whole field mushroom, hash brown,
beans, sautéed spinach,
hen's egg, Baker Tom's sourdough

KID'S BREAKFAST £7.50

Bacon, sausage, hash brown,
beans, hen's egg,
Baker Tom's sourdough

WARM BAKER TOM'S CIABATTA

Sausage £7

Bacon £6.50

Add hen's egg for £1

EGGS ROYALE £12

Breakfast muffin, smoked salmon,
poached hen's eggs and hollandaise

EGGS BENEDICT £11.50

House ham, poached hen's
eggs and hollandaise

EGGS FLORENTINE £11

Sautéed baby leaf spinach,
poached hen's eggs and hollandaise

**SMASHED HOUSE
AVACADO ON BAKER
TOM'S SOURDOUGH TOAST £10**

With poached hen's eggs
and sweet pickled chilli

HOUSE PORRIDGE (vg)(gf) £8.50

With seasonal fruit compote,
natural yoghurt and maple syrup

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Please inform a member of staff if you have
a food allergy or any dietary requirements.
Most dishes can be adapted to meet dietary
needs e.g. gluten free – please speak to a
member of staff.

SERIOUS ALLERGIES: We cannot guarantee
that dishes will be allergen free, as they
are being prepared in a kitchen containing
allergens. Whilst the upmost care is taken to
prevent cross-contamination, there is always
a possibility that this could happen. The key
vg (vegan) and gf (gluten free) is just a guide.
Individuals with allergies should always speak
to a member of staff before ordering.

Mon-Sun 9am – 11.30am



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Nibbles

CORNISH OLIVE STALL OLIVES (gf)	£3.50
HOMEMADE FOCACCIA	£5.50
With Fowey olive oil & aged balsamic	
HUMMUS	£5.50
Served with homemade nachos and dukkah	

Something Small

SOUP OF THE DAY	£7
Served with house focaccia	
HOUSE SMOKED MACKEREL PATE	£8
With pickled cucumber ribbon, remoulade and toasts	
PRAWN COCKTAIL (gf)	£8
With Marie Rose sauce, cos lettuce, avacado, tomato	
TEMPURA VEGETABLES (vg)(gf)	£7
With red pepper and chilli dipping sauce	
BUTTERMILK CRISPY CHICKEN WINGS	£7.50
Asian glazed, with sesame seeds, Asian slaw and spring onions	

Sides

HOUSE SIDE SALAD	£5
Berry dressing, toasted seeds	
CHIPS	£4.50
Thyme & Cornish seasalt	
CHEESY CHIPS	£5.50
Davidstow cheddar & pink onions	
SWEET POTATO FRIES	£5
Cajun flame roast pepper aioli	

Sandwiches

**Baker Tom's bread, white or wholemeal,
Served with berry dressed mixed lizard
leaves, Burts crisps and house slaw**

PRAWN	£9.50
House Marie Rose sauce, tomato	
DAVIDSTOW CHEDDAR	£8.50
With Roskilly's cider chutney	
BLT	£8.50
Bacon, tomato, cos lettuce, pink peppercorn and lemon aioli	
BREADED FISH FINGER SANDWICH	£9.50
House tatare, cos lettuce, crispy capers	

£9

Kid's Menu

**ALL SERVED WITH YOUR
CHOICE OF JUICE AND A TUB
OF ROSKILLY'S ICE CREAM**

- Sausage, mash, peas & gravy
- Mac & cheese, garlic bread, salad
- Fish, chips & peas
- Pizza, chips & salad
- Ham, egg & chips (gf)
- Chicken bites, chips & beans

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Lunch

Mon-Sun 12pm – 3.30pm



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For today's
specials

please check out
our blackboard

Mains

ALL DAY BREAKFAST £12

Bacon, sausage, hash brown, beans, fried hen's egg, grilled tomato, whole field mushroom, Baker Tom's sourdough

HOUSE ROASTED HONEY & MUSTARD HAM £14.50

Served with fried hen's eggs, chips & Roskilly's piccalilli

OPEN MINUTE STEAK SANDWICH £16

Served with horseradish cream, Cornish blue cheese, balsamic onion chutney, watercress & fries

TRIO OF BUTCHER'S SAUSAGE £14.50

Served with wholegrain mustard mash, red wine & onion gravy, crispy shallots, spring vegetables and spring onion

BASIL & HAZELNUT PESTO LINGUINI (vg) £15

With spring vegetables and feta

MOROCCAN ROASTED VEGETABLE & CHICKPEA TAGINE (vg) £14.50

Rose harissa roasted vegetables and chickpeas with cumin cous cous, toasted almond flakes, golden sultanas, topped with fresh pomegranate, coriander & mint

BATTERED FISH & CHIPS £16

With crushed minted peas, house tartare and burnt lemon

MUSSELS

Large with chips and focaccia £16

Small with focaccia £8

With confit onion and garlic, cream, white wine

SPANISH SEAFOOD STEW £16.50

King prawns, squid, mussels, white fish, olives, lemon & garlic pangritata, served with focaccia

SMOKED SALMON LINGUNI £16

With capers, dill, cream, white wine and burnt lemon

Burgers

Served in a brioche burger bun,
house slaw & fries

8OZ BEEF CHUCK BURGER £15.50

Davidstow cheddar, bacon, house chilli jam, cos lettuce, tomato

CHARGRILLED CAJUN CHICKEN BURGER £15.50

Davidstow cheddar, bacon, cos lettuce, roast garlic aioli

6OZ MOVING MOUNTAINS BURGER (vg) £15.50

Smoked applewood cheddar, house chilli jam, tomato, cos lettuce

Salads

SMOKED MACKEREL NICOISE SALAD £15.50

With fine green beans, olives, soft boiled hen's egg, early new potatoes, mixed leaf

CEASAR SALAD £15.50

Poached lemon & thyme chicken, bacon, parmesan shavings, soft boiled hen's egg, house focaccia croutons

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Drinks

Hot drinks

COFFEE:

Americano	£3.50
Cappuccino	£3.70
Latte	£3.70
Flat White	£3.70
Espresso	£1.90
Double Espresso	£2.50

HOT CHOCOLATES:

Hot Chocolate	£4.00
White Hot Chocolate	£4.50
Deluxe Hot Chocolate	£4.50
Deluxe White Chocolate	£5.00
Kids Hot Chocolate	£2.50
Babyccino	£1.50

TEA:

St Pirans Pot	£2.20
Camomile	£2.50
Red Berry	£2.50
Green	£2.50
Earl Grey	£2.50
Peppermint	£2.50
Decaf	£2.50

Alcoholic drinks

Polgoon Berry Cider	£4.50
Polgoon Apple Cider	£4.50
Verdant Ale	£4.50
Swifties Lager	£4.50
Small Bottle Rose/white/red	£4.50

Cold drinks

Coke	£2.20
Coke Zero	£2.20
Polgoon Apple Juice	£3.20
Polgoon Lemonade	£3.20
Polgoon Elderflower	£3.20
Polgoon Orange Juice	£2.00
Calypso Apple /Orange Juice	£1.50
Glass of Milk	£1.50

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