

# Sunday Menu

## SUNDAY ROAST

Regular - £8.90    Large - £10.50    Childs - £6.95

Turkey or nut roast, served with all the festive trimmings

Available from 12.00pm – 2.30pm

### SOUPS, SALADS & LIGHTER BITES

#### **SOUP OF THE DAY £5.20**

Served with bread

#### **~~BRIE WEDGES £7.90~~**

Served with dressed salad and cranberry sauce

#### **FARMHOUSE PATE £7.50**

Served with salad, chutney, and bread.

#### **SAUSAGE BAP 3.90**

#### **EGG BAP 3.90**

### SANDWICHES £6.90

Served with a dressed side salad.

**Brie & Cranberry (v)**

**Mature Cheddar & Chutney (v)**

**Ham & Coleslaw**

**Tuna Mayonnaise**

**Fresh Prawns in homemade marie-rose sauce  
£7.65**

### SIDES

**Chips (v) £2.80**

**Cheesy Chips (v) £3.80**

**Coleslaw (v) £2.90**

**Cheese (v) £1.50**

**Beans (v) £1.50**

**Bread & Butter (v) £0.80**

**Portion of Veg (v) £2.50**

## GIFT VOUCHERS AVAILABLE

Please ask a member of staff

### Main Meals

#### **HOMEMADE BEEF GOULASH £9.50**

Traditional goulash, served with mash and bread

#### **HOMEMADE COTTGAE PIE 9.50**

Traditional cottage pie topped with cheddar mash, served with vegetables

#### **HOMEMADE VEGETARIAN COTTAGE PIE £9.50**

Traditional style cottage finished with a cheddar mash, served with vegetables. (v)

#### **HOMEMADE BEEF STEAK LASAGNE £10.90**

Steak lasagne served with salad and garlic bread

#### **VEGETABLE CURRY 8.90**

Served with rice and flat bread (vg)

#### **CREAMY PESTO PASTA 9.50**

Pesto, red pepper and mushrooms in a creamy pesto sauce served with garlic bread

#### **CHICKEN & SWEET CHILLI WRAP £7.90**

Chicken and sweet chilli wrap served with coleslaw and salad.

#### **BLUE CHEESE, CHILLI, CAULI AND BROCCOLI BAKE £9.50 (v)**

Homemade cheesy bake served with salad and garlic bread

#### **FISH CAKES £10.90**

Two fishcakes served with sweet chilli dip, chips and dressed salad. (gf option)

#### **WHOLETAIL SCAMPI £9.50**

Scampi served with chips, dressed salad and homemade coleslaw.

#### **WESTCOUNTRY HAM, EGG & CHIPS £8.90**

West country ham served with two free range eggs and chips.

#### **DOUBLE SAUSAGE, EGG AND CHIPS 8.90**

Two free range eggs and west country sausages served with chips

### CHILDRENS MENU £5.95

Ham, egg and chips

Cheese and tomato pasta (v)

Sausage, mash, and veggies

Vegetarian sausage, mash, and veggies (v)

Tuna Mayo Salad

Chicken goujons, chips and beans

Sandwiches – choice of Tuna Mayo, Cheese or Ham –  
served with salad and fruit.

### **The Garden Kitchen Café, Trevena Cross Nurseries, Breage, Helston, TR13 9PY**

01736 763184 gardenkitchen@trevenacross.co.uk

**ALLERGIES & SPECIAL DIETARY REQUIREMENTS** if unsure about any menu items please ask a member of staff. We can make many of our dishes vegetarian, vegan, or gluten free.

**OUR FACILITIES ARE NOT FOOD ALLERGEN FREE:** Steps are taken to minimise the risk of cross contamination **BUT** other meals prepared in our kitchen may contain common allergens such as **WHEAT/GLUTEN, EGGS, DAIRY, NUTS, FISH/SHELLFISH etc.**

(v) vegetarian (vg) vegan (gf) gluten free

**Monday – Saturday 9.00am – 4.30pm Sunday 9.30am – 4.00pm**