

MAIN MEALS

HOMEMADE COTTAGE PIE £9.50

Traditional, homemade cottage pie, finished with a cheddar mash and served with vegetables.

HOMEMADE VEGETARIAN COTTAGE PIE £9.50

Traditional style cottage pie finished with a cheddar mash and served with vegetables. (v) (gf)

CHILLI CON CARNE £8.90

Homemade chilli served with rice and garlic ciabatta. (gf option)

VEGETARIAN CHILLI CON CARNE £8.90

Homemade vegetarian chilli served with rice and garlic ciabatta. (v) (vg) (gf option)

CHICKEN CURRY £8.90

Homemade medium to hot spiced curry served with rice, naan bread, poppadom & chutney.

VEGETABLE CURRY £8.90

Homemade medium to hot curry served with rice, naan bread, poppadom & chutney. (v)

KING PRAWN MADRAS £8.90

Homemade medium to hot curry served with rice, naan bread, poppadom & chutney.

MEDITERRANEAN PASTA £8.90

Chargrilled vegetables in an arrabbiata sauce topped with parmesan cheese, served with garlic bread. (v) (vg option)

MACARONI CHEESE WITH SAGE AND CHILLI £9.50

Traditional mac and cheese with added flavour, served with garlic ciabatta. (v)

HOMEMADE BEEF STEAK LASAGNE £10.90

Steak lasagne served with salad and garlic ciabatta.

SPAGHETTI BOLOGNESE £8.90

Homemade spaghetti bolognese served with garlic ciabatta.

LOUISIANA STYLE CHICKEN BURGER £10.90

Chunky coated chicken, bacon and cheese burger, served in a toasted bap with chips and dressed salad.

VEGAN BBQ BURGER £10.90

BBQ Lentil burger served in a toasted bap with lettuce and tomato, served with chips and dressed salad. (v) (vg)

BACON DOUBLE CHEESEBURGER £10.90

Two burgers topped with bacon and cheese, served with chips and salad.

WHOLETAIL SCAMPI £9.50

Served with chips, dressed salad, homemade coleslaw and tartar sauce.

THAI STYLE FISHCAKES £9.50

Two fishcakes served with sweet chilli dip, chips and dressed salad. (gf)

CHUNKY COD BITES & CHIPS £8.90

Chunky cod bites served with chips, mushy peas and tartare sauce.

GOATS CHEESE BAKE £8.90

Goats cheese, creamy spinach & red pepper sauce served with salad & garlic ciabatta.

STEAK AND ALE PIE £10.90

Steak & Ale pie served with mashed potato, gravy and vegetables.

WEST COUNTRY HAM, EGG AND CHIPS £8.90

West country ham served with two free range eggs and chips. (gf)

DOUBLE SAUSAGE, EGGS AND CHIPS £8.90

Two west country sausages and two free range eggs served with chips.

VEGETARIAN SAUSAGES, EGGS AND CHIPS £8.90

Two vegetarian sausages with two free range eggs and chips. (v)

SUCCULENT TRIO OF WEST COUNTRY SAUSAGES £9.50

Trio of west country sausages on a bed of mashed potato, topped with caramelized red onions, vegetables and onion gravy.

TRIO OF VEGETARIAN SAUSAGES £9.50

Trio of vegetarian sausages served on a bed of mashed potato, with vegetables and onion gravy. (v)

CHILDREN'S MENU £5.95

Sausage, chips and beans

Vegetarian sausage, chips and beans. (v)

Ham, egg and chips

Fish fingers, chips and beans

Cheese and tomato pasta (v)

Egg and Beans on toast (v)

Sausage and Beans on toast

Chicken Goujons, chips and beans

Tuna Mayo Salad

Spaghetti Bolognese

Sandwiches - choice of Tuna Mayo, Cheese or Ham - with salad and fruit.

SOMETHING SWEET

CREAM TEA £5.95

Two large homemade scones served with clotted cream, jam and fruit with tea for one.

HOMEMADE SPONGE CAKES* £3.90

Served with clotted cream and fruit.

SWEETS, DESSERTS AND HOT PUDDINGS* £4.90

All served with fruit and a choice of custard, clotted cream or vanilla ice cream.

(*Please see counter for full availability)

Hot food served until an hour before closing

Monday - Saturday	9.00am - 4.30pm
Sunday	9.30am - 4.00pm

The Garden Kitchen Cafe, Trevena Cross Nurseries, Breage, Helston, TR13 9PY

www.trevenacross.co.uk

gardenkitchen@trevenacross.co.uk

01736 763184